

# **Story Time Event Guide**



## Dear Reader,

Hi, my name's Lulu. My friend Bethany wrote and illustrated a story about me and she's chomping at the opportunity to share it with all of you!

My forest friends and family would tell you that I'm an amazingly creative beaver brimming with color and ideas! But that's the problem. I haven't felt like I fit in. I've tried to be like the rest of the busy-building beavers, but I can't seem to keep my creative urges under control — and I'm afraid my secret's getting out!

I've learned a lot through my journey, and Bethany says my story will help kids learn to confront fear and doubt and to bravely share their gifts too. And, also who doesn't love an adventure that involves beavers and rocket packs, right? Anyway, I hope you enjoy this Guide — with fun ideas for putting together

your own beaver-y shindig, and lots of neat info about beavers!

Thinking Positively,

Lulu

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# **Read Aloud Tips:**

# **BEFORE YOU START READING**

## NAME TAGS

Have the attendees fill out a name tag as they arrive to the event. Be sure to encourage them to include something they dream of doing when they grow up. You'll go back to that important info after the read aloud.

## **BEAVER TRIVIA**

Stack up your knowlege on the earth's second-largest rodent before the event. A beaver fact sheet is enclosed on page 14!

## CHOMP!

There's lots of chomping in this beaver book! Invite the audience to help Lulu chomp throughout the book. Have the group "beaver chomp" by making a circle with their index finger, middle finger and thumb. Open and close the fingers onto the thumb as one "CHOMP!" Be prepared for where to invite the audience to "CHOMP!" along throughout the book (forest chorus, destroying artwork and every daydream sequence). It's fun to practice with them a few times! Also let them know when they will need to be quiet in order to enjoy the story. And that could be a simple "when you see me hold my beaver teeth way up high, it's time to stop chomping and get ready to listen."

# **AFTER-READING THEMES AND QUESTIONS**

## **DREAM ON**

Lulu's mind filled with tons of idea balloons when she allowed herself to dream. Discuss how when the audience came in, they wrote about something they dreamed of doing on their name tags. Go around the room and celebrate each person's dream with positive encouragement: "that's great", "keep working at it", "you can do it", "great idea", etc.

## FLIPPING GLOOMY THINKING

After Lulu's friends shared their stories, she gained the courage to overcome her gloomy thinking and decided to be brave and be herself. It's not enough to simply tell ourselves to "stop thinking that". We need to replace gloomy thoughts with positive ones. What are some examples of gloomy, negative thoughts? What are some examples of positive thoughts those can be replaced with?

## A LITTLE HELP FROM HER FRIENDS

Who helps Lulu during the story? How do they help her? What do they see in Lulu that she struggles to see in herself? Do Lulu's friends go along with every expectation they feel? In the end, did her friends and family cheer her on?

## **BEING BRAVE**

Do you like to try new things? What does it feel like to do something new — is it scary, exciting or fun? What helps you be brave?

## **EXPRESS YOURSELF**

One of the fears Lulu had was that if she shared her artwork that the other beavers would say the art didn't matter and that she needed to get back to work. What happened instead? Can you find Lulu in the last spread? Why? When we share our gifts, can we inspire others to share theirs?

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# **Spot the Difference**

Can you spot the 6 differences between these two pictures of Jack? Circle what's different in picture 2. Color your favorite Jack when you're done!



# What Would You Carve?

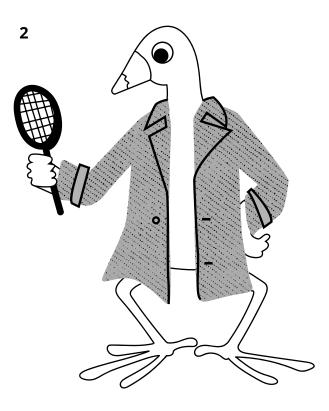
Lulu was dreaming of adventure when she carved the hot air balloon.

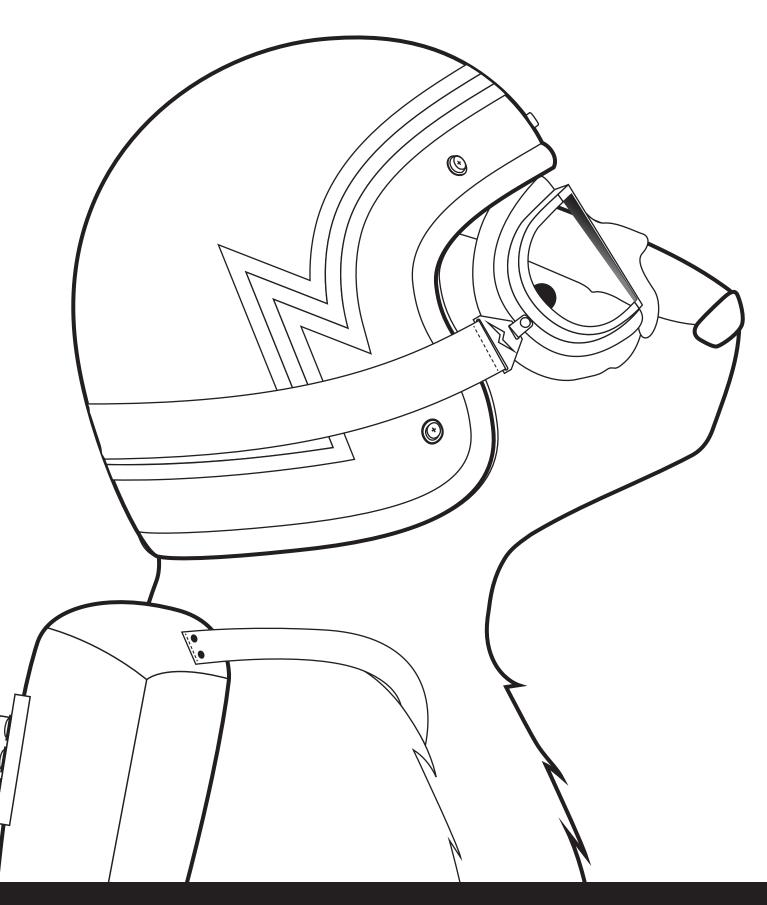
Where would you go on an adventure?

Draw a picture of how you'd get there!

Color it in and share about it with the group!





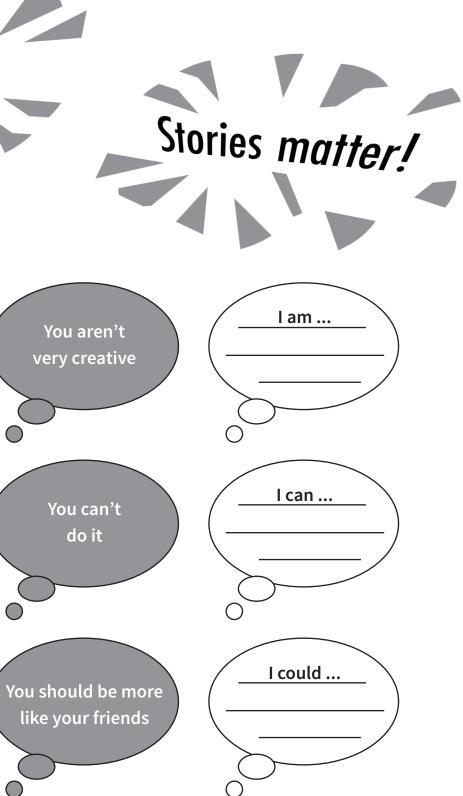


# l'm an artist!

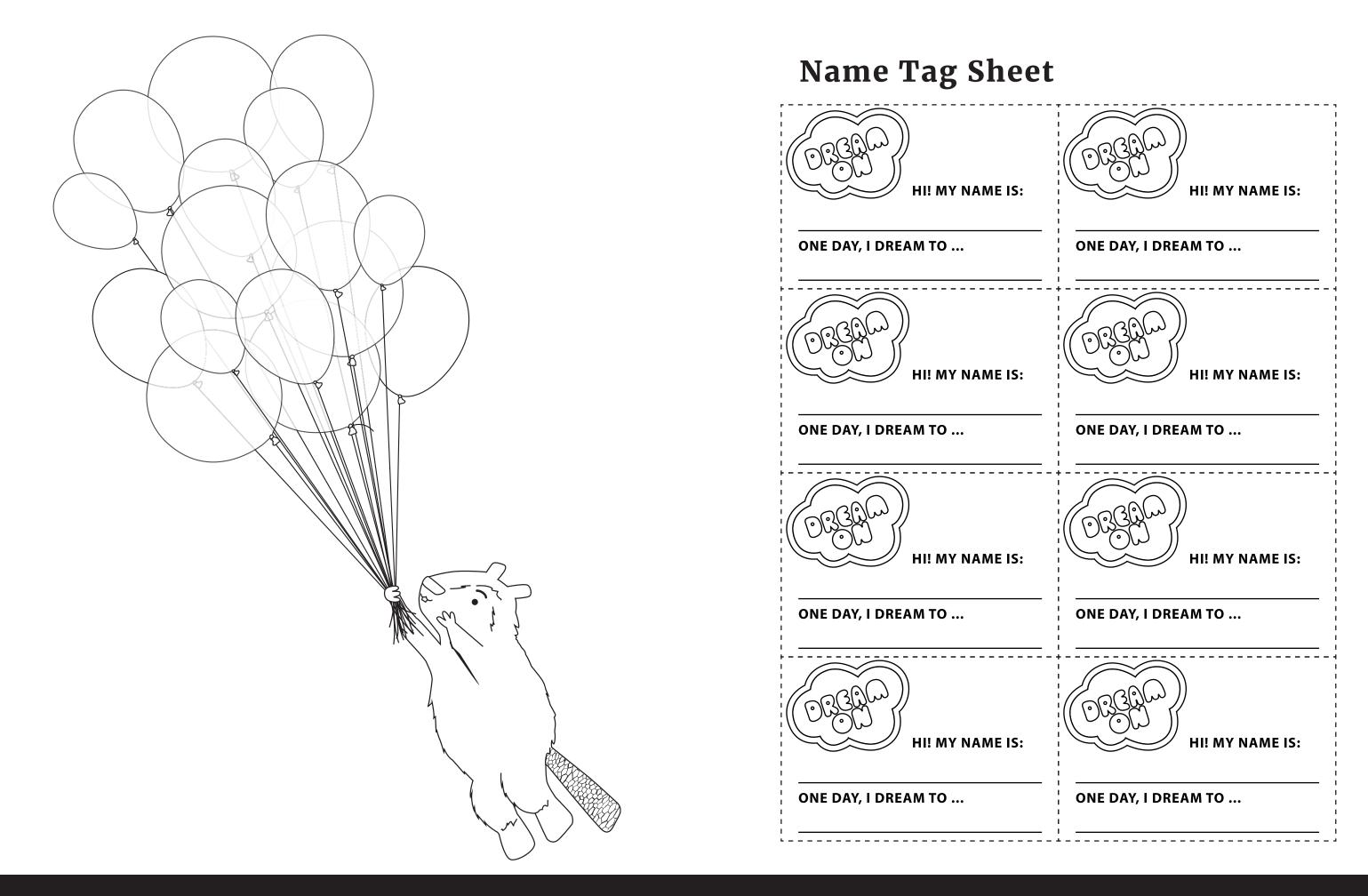
# No Room For Gloom

Do you ever want to try something new, but gloomy thoughts make you too blue? With hard work there's so much we can do flip those thoughts and break on through!

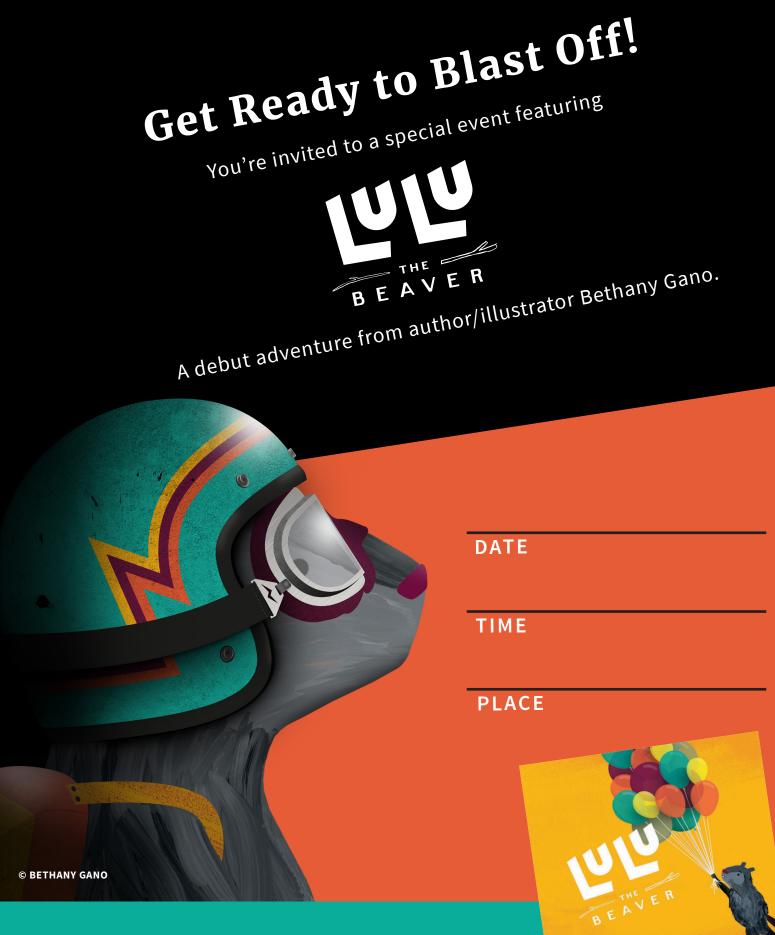
Swap the gloomy thoughts with positive ones in the bubbles on the right.



9



11

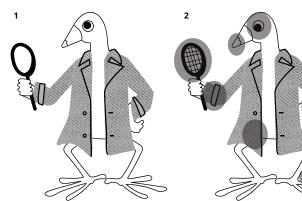


# **Beaver Trivia!**

# **WHO KNEW?**

- Beavers are the second-largest rodent just behind the capabara
- Famous for being very busy beavers are constantly building and re-engineering the landscape to create more suitable habitats for their colony
- A beaver uses their tail to...
- 1 help steer in the water
- 2 sound warning thumps on the water when they want to alert the colony of potential danger
- 3 help radiate heat
- 4 provide counterbalance when sitting or while walking and carrying building materials
- Their big incisors grow their entire lives but grinding, tree cutting, and feeding wear them down
- Beavers build dams and lodges out of branches, mud and stones to provide a means for keeping food and having shelter for surviving through winter
- In the wild, beavers often live between 12 and 24 years
- While you can find beavers moving around during the day, they're mostly nocturnal
- Beavers are quite the divers they can slow down their heart rate and hold their breath underwater for up to 15 minutes
- Beavers have transparent eyelids that help them to see under water
- Leaves, bark, twigs, roots, and aquatic plants are the primary foods for this herbivore

# **Answer Key**



Lulu the Beaver is a children's book to inspire kids to confront doubt and fear and share their gifts.

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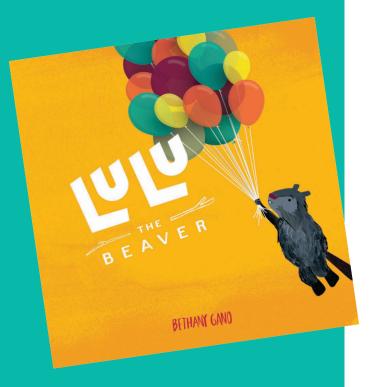
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# LINKS FOR MORE INFO

https://www.nationalgeographic.com/animals/mammals/facts/beaver https://onekindplanet.org/animal/beaver/ https://wdfw.wa.gov/species-habitats/species/castor-canadensis#living https://nationalzoo.si.edu/animals/beaver





*Lulu the Beaver* is a children's book to inspire kids to confront doubt and fear and share their gifts.

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## FOR MEDIA, BULK DISCOUNTS AND OTHER INQUIRIES CONTACT

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# About the Book

Lulu is an amazing, but bashful, little beaver who's brimming with color and ideas. She lives in the forest with her busy-building-colony, and has a little secret she wants to be an artist but feels stuck being a beaver.

Lulu struggles with fear and self-doubt, and has a pattern of destroying the amazing stuff she creates. But through hearing her friends' stories, and a crazy event, Lulu gains the courage to flip her gloomy thinking and decides to be brave — and be herself.

No matter how old we are, putting ourselves out there can be tough. An idea. A drawing. Something we're passionate about. Whatever. But sharing is the language of today. Kids need to learn how to confront fear, how to self-edit, and how to embrace creative expression for themselves. Lulu's story gives kids a way to process their own self-doubt and so much more.

# **About the Author**

For over two decades, Bethany Gano has worked in the commercial arts. From production, to package design, to crafting brands, to illustration, and now, creating a children's book through her self-named studio. Bethany loves storytelling through art and design, and is extra fond of picture books a place where art and words can't survive without each other. She holds two BAs (Art and Spanish) from the Lee Honors College at Western Michigan University. Bethany lives in Central Florida with her husband, three kids and a bunch of furry and scaly friends.

